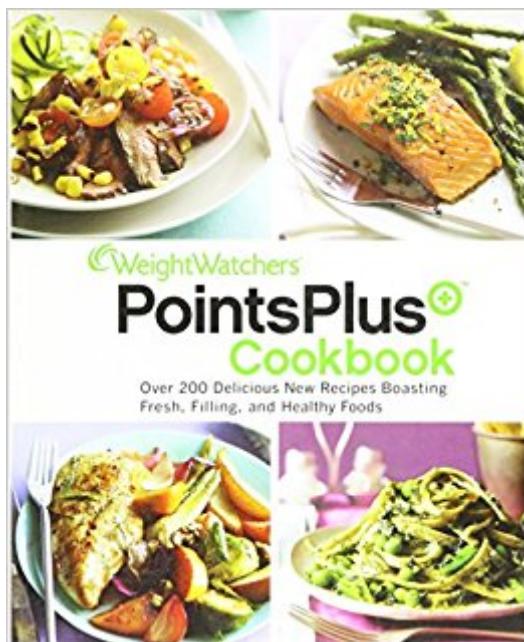


The book was found

Weight Watchers Points Plus Cookbook



Synopsis

Over 200 recipes of Healthy Recipes for the new Points Plus Program!

Book Information

Paperback

Publisher: Weight Watchers; Book Club Edition edition (2010)

ASIN: B004GFIZBG

Package Dimensions: 10.1 x 8.2 x 0.5 inches

Shipping Weight: 2.1 pounds

Average Customer Review: 4.2 out of 5 stars 44 customer reviews

Best Sellers Rank: #289,431 in Books (See Top 100 in Books) #41 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

Customer Reviews

Over 200 recipes of Healthy Recipes for the new Points Plus Program!

I'm not overweight, I just enjoy eating healthy and a lot of my clients were recommending this cookbook. They raved about the recipes that Weight Watchers puts together. I bought this on sale for \$9.00 and it has become my favorite cookbook. The recipes are easy. Thus far, I've worked my way through roughly 70% of the book and everything has tasted excellent. I recommended it to many of my friends and family members.

I ordered the cookbook from for some **HEALTHY** and **DELICIOUS** recipes . I was NOT disappointed. The recipes are tasty yet simple to follow. My 19 year old great niece loves the recipes when she is grilling lunch/supper. Thank you so much for such a pleasant experience. The book arrived in perfect condition. It is now a coffee table book for everyone to review. Thank you,mimi

Bought as a gift, as expected

Returning this book as there is only one recipe in here that I will actually make. Disappointed.

This is so easy to use especially if you count points.

For a busy guy like me who is in-the-process of losing weight, but needs help, this has been a great cook book. The points system is easier than I thought, and the food is delicious. Real food is used, not cardboard like tasteless recipes, but yummy good stuff. Get the book, use it, and enjoy!

Great book. Easy to follow and a great addition to weight watchers recipes.

now on smart points but good recipes anyway

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